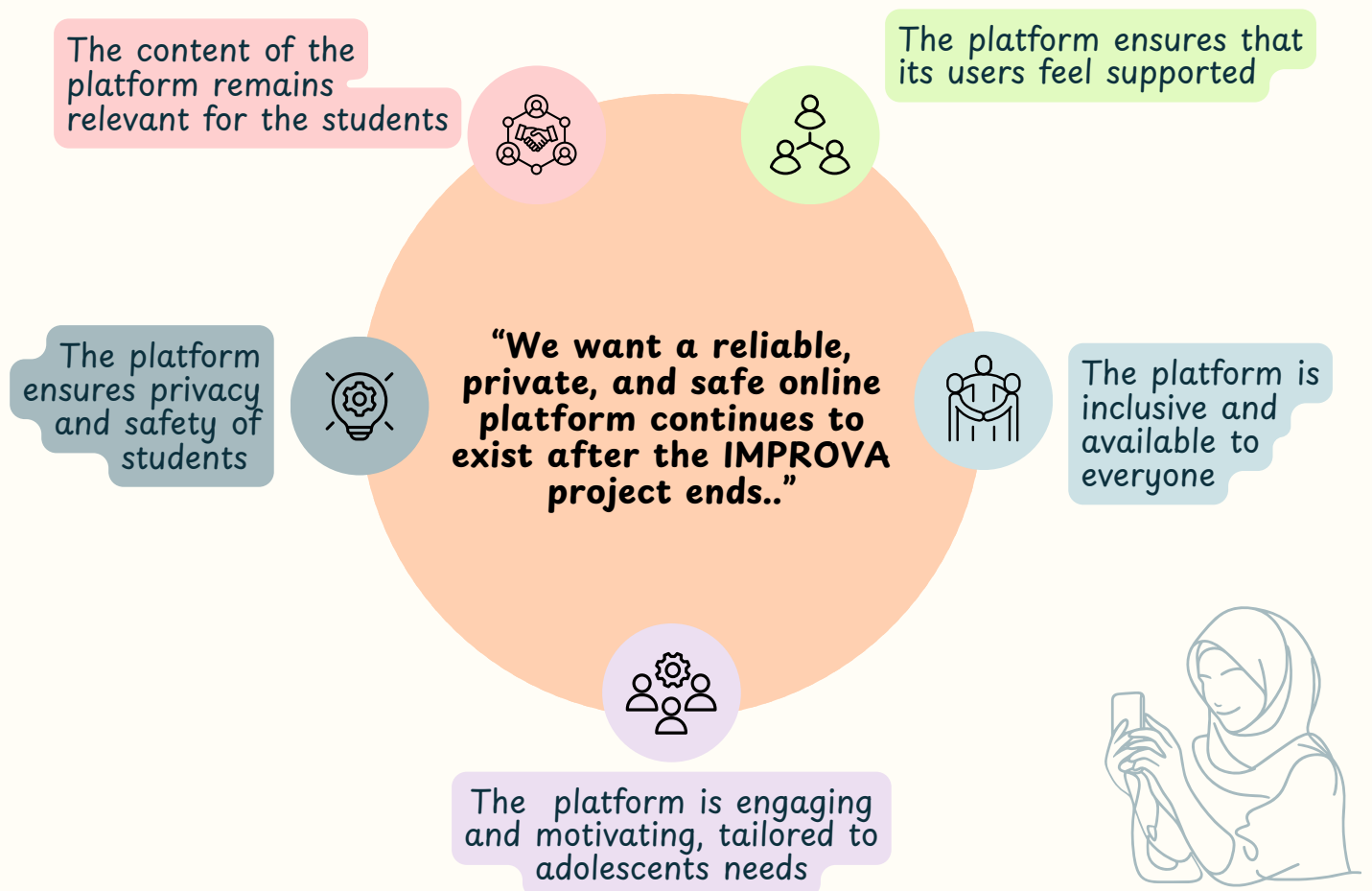


IMPROVA POLICY ROUNDTABLES

OUTCOMES OF THE PUPIL WORKING GROUP





IMPROVA POLICY ROUNDTABLE: BILBAO

EVENT SUMMARY AND OUTCOMES

Problem definition

The mental health of adolescents in Europe is predicted to deteriorate, highlighting the urgent need for effective and sustainable solutions. IMPROVA addresses this challenge by creating an innovative eHealth platform to promote adolescent mental health and wellbeing. The platform has been co-designed with adolescents, parents, teachers, health professionals and policymakers, drawing on materials already tested in over 20 previous projects by consortium members.

Goal of the roundtable

The goal of the session was to identify what is needed for the sustainable scaleup and longterm implementation of the IMPROVA platform. During the session, stakeholders worked together to define the key conditions for success and to shape an initial plan that outlines the steps required to support sustainable implementation.

What we did

In collaboration with The University of DEUSTO, a policy roundtable was organised and hosted on their premises in Bilbao. The policy roundtable gathered a diverse group of 18 attendees including 8 pupils, 2 policy makers, and 8 school professionals.

Recommendations

Pupils worked together to discuss what a platform like IMPROVA should include. The results are shown on page 1.

The professional stakeholders discussed options for ownership and funding, as well as barriers, opportunities and risks.

- Options for ownership were discussed and parents associations, local governments, and schools were mentioned.
- Potential barriers (or risks) that were mentioned included limited time and resources.
- Opportunities included the european network and the involvement of the parent association.



KEY MESSAGE

Parents and professionals agreed that governments should play a central role in supporting and protecting the platform within schools, while collaborating with universities, NGOs, and the wider European network. They emphasised macro-level funding, allocated to schools by public or institutional actors, to ensure the platform remains fully funded and free for students.

Next steps

This first roundtable will be followed by a second. In the second roundtable we will work further towards a pathway for IMPROVA scale-up, including clarifying who can take specific actions, and when, and foster shared commitment. After, the information from both rounds will be used to develop a country-specific roadmap towards sustainable implementation and scale-up of IMPROVA.

Follow us for updates and further opportunities to get involved:

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